

DISTANCE	1800	1700	1600	1500	1400	1300	1200	1100	1000	900	800
70	0:38:53	0:41:10	0:43:45	0:46:40	0:50:00	0:53:50	0:58:20	1:03:38	1:10:00	1:17:46	1:27:30
80	0:44:27	0:47:03	0:50:00	0:53:20	0:57:08	1:01:32	1:06:40	1:12:43	1:20:00	1:28:53	1:40:00
90	0:50:00	0:52:56	0:56:15	1:00:00	1:04:17	1:09:14	1:15:00	1:21:49	1:30:00	1:40:00	1:52:30
100	0:55:33	0:58:49	1:02:30	1:06:40	1:11:26	1:16:55	1:23:20	1:30:55	1:40:00	1:51:07	2:05:00
110	1:01:07	1:04:42	1:08:45	1:13:20	1:18:34	1:24:37	1:31:40	1:40:00	1:50:00	2:02:13	2:17:30
120	1:06:40	1:10:35	1:15:00	1:20:00	1:25:43	1:32:18	1:40:00	1:49:05	2:00:00	2:13:20	2:30:00
130	1:12:13	1:16:28	1:21:15	1:26:40	1:32:51	1:40:00	1:48:20	1:58:11	2:10:00	2:24:27	2:42:30
140	1:17:47	1:22:21	1:27:30	1:33:20	1:40:00	1:47:42	1:56:40	2:07:16	2:20:00	2:35:33	2:55:00
150	1:23:20	1:28:14	1:33:45	1:40:00	1:47:09	1:55:23	2:05:00	2:16:22	2:30:00	2:46:40	3:07:30
160	1:28:53	1:34:07	1:40:00	1:46:40	1:54:17	2:03:05	2:13:20	2:25:27	2:40:00	2:57:47	3:20:00
170	1:34:26	1:40:00	1:46:15	1:53:20	2:01:26	2:10:46	2:21:40	2:34:33	2:50:00	3:08:53	3:32:30
180	1:40:00	1:45:53	1:52:30	2:00:00	2:08:34	2:18:28	2:30:00	2:43:38	3:00:00	3:20:00	3:45:00
190	1:45:33	1:51:46	1:58:45	2:06:40	2:15:43	2:26:09	2:38:20	2:52:44	3:10:00	3:31:07	3:57:30
200	1:51:07	1:57:39	2:05:00	2:13:20	2:22:52	2:33:51	2:46:40	3:01:49	3:20:00	3:42:14	4:10:00
225	2:05:00	2:12:21	2:20:37	2:30:00	2:40:43	2:53:05	3:07:30	3:24:33	3:45:00	4:10:00	4:41:15
250	2:18:53	2:27:03	2:36:15	2:46:40	2:58:34	3:12:19	3:28:20	3:47:17	4:10:00	4:37:47	5:12:30
275	2:32:47	2:41:46	2:51:53	3:03:20	3:16:26	3:31:33	3:49:10	4:10:00	4:35:00	5:05:33	5:43:45
300	2:46:40	2:56:28	3:07:30	3:20:00	3:34:17	3:50:46	4:10:00	4:32:44	5:00:00	5:33:20	6:15:00
325	3:00:33	3:11:11	3:23:07	3:36:40	3:52:09	4:10:00	4:30:50	4:55:27	5:25:00	6:01:07	6:46:15
350	3:14:27	2:25:53	3:38:45	3:53:20	4:10:00	4:29:14	5:51:40	5:18:11	5:30:00	6:28:53	7:17:30
375	3:28:20	3:40:35	3:54:22	4:10:00	4:27:51	4:48:28	5:12:30	5:40:55	6:15:00	6:56:40	7:48:45
400	3:42:13	3:55:18	4:10:00	4:26:40	4:45:43	5:07:42	5:33:20	6:03:38	6:40:00	7:24:27	8:20:00
450	4:10:00	4:24:42	4:41:15	5:00:00	5:21:26	5:46:09	6:15:00	6:49:05	7:30:00	8:20:00	9:22:30
500	4:37:47	4:54:07	5:12:30	5:33:20	5:57:09	6:24:37	6:56:40	7:34:33	8:20:00	9:15:33	10:25:00
550	5:05:33	5:23:32	5:43:45	6:06:40	6:32:51	7:03:05	7:38:20	8:20:00	9:10:00	10:11:06	11:27:30
600	5:33:20	5:52:56	6:15:00	6:40:00	7:08:34	7:41:32	8:20:00	9:05:27	10:00:00	11:06:40	12:30:00
650	6:01:07	6:22:21	6:46:15	7:13:20	7:44:17	8:20:00	9:01:40	9:50:55	10:50:00	12:02:13	13:32:30
700	6:28:53	6:51:46	7:17:30	7:46:40	8:20:00	8:58:28	9:43:20	10:36:22	11:40:00	12:57:47	14:35:00
750	6:56:40	7:21:11	7:48:45	8:20:00	8:55:43	9:36:55	10:25:00	11:21:49	12:30:00	13:53:20	15:37:30
800	7:24:27	7:50:35	8:20:00	8:53:20	9:31:26	10:15:23	11:06:40	12:07:16	13:20:00	14:48:53	16:40:00
900	8:20:00	8:49:25	9:22:30	10:00:00	10:42:51	11:32:18	12:30:00	13:38:11	15:00:00	16:40:00	18:45:00
1000	9:15:33	9:48:14	10:25:00	11:06:40	11:54:17	12:49:14	13:53:20	15:09:05	16:40:00	18:31:06	20:50:00